

How to Get Outside (during a pandemic)

01 Make the health of others your number one priority.

The COVID-19 pandemic is life and death for many people. Please conduct yourself in every respect with that in mind.

02 You can go outside. Cautiously.

Don't go out if you're sick or have been in contact with those who have. Keep a safe distance from others. That includes in the car. Groups are out. Consider avoiding busy areas and times of day. Wash your hands. Follow CDC guidelines carefully.

03 Stay close to home.

Like, as close as possible. Far away places or that recreation town an hour down the road are wonderful, but the further you travel, the more potential you have to spread illness. Shop and recreate in your neighborhood.

04 Keep it chill.

It's not a good time to get hurt. Healthcare systems are overwhelmed, or soon will be. Please do not add to the burden.

05 Respect closures and be a good steward.

If parks are closed, don't go. If parks are open, be mindful that areas might have limited maintenance. Pack out your trash, use the restroom before you leave the house. Check state guidelines and closures.

